

D&L Heritage Half Marathon Update: COVID Procedures

At the D&L, our mission has always been to connect people to health and wellness through outdoor recreation- this has not changed. The health and safety of our participants, volunteers, staff, and D&L community will continue to be our top priority even as the situation evolves. As such, our COVID procedures have been revised to ensure that we can successfully hold the D&L's 10th Annual Heritage Half Marathon while abiding by both federal and state health guidelines.

Please review the list below to see our full set of procedures.

D&L COVID Precautions and Guidelines

- Participants are highly encouraged to be vaccinated, or have received a negative COVID test within the past 72 hours.
- Participants are not required to wear masks while outside or during the race, although it is welcomed. Masks are required while indoors, and on any D&L transportation vehicles (extra masks will be provided if necessary).
- We highly encourage participants to pick up their registration packets on Saturday, November 6th, the day before the race.
- Building occupation will be controlled and limited to support social distancing.
- Social distancing areas will be marked and maintained.
- Indoor bathroom facilities will be closed; outdoor facilities will be provided.
- The starting line will be spread out to allow for more distancing. (Chip times will be used for results.)
- Awards will be given near the finish line and available shortly after you finish; there will be no awards ceremony.
- Food will be outdoors and provided as grab and go; participants are welcome to eat outside or take it with them.
- If you are sick, or feel unwell, please do not attend. You can always defer your participation until next year.
- ALWAYS assess your own health and personal risk level.
- STAY HOME if you have experienced any of the following in the 2 weeks leading up to the event:
 - Sickness or any COVID-19 symptoms (cough, headache, fever, sore throat, or loss of taste/smell)

In addition to the guidelines set:

- ALL D&L staff members have been fully vaccinated;
- ALL D&L staff and volunteers will be masked;

- ALL staff and volunteers in positions of contact will be wearing gloves.

While the D&L is doing all we can to mitigate any concerns that arise when holding an event, we do acknowledge that there will always be some risk involved. If you have any further health concerns but still wish to support the D&L, registration for the D&L Trail Challenge is still open, and will remain open until October 10.

After having to postpone last year, the D&L is excited to be able to celebrate the ongoing efforts made by our D&L community to pay tribute to our history on the trails, and our health and solidarity today. With everyone's patience and cooperation, we can hold a safe and meaningful event for all those that choose to attend.