

D&L Heritage Half Marathon Run/Walk Update: COVID Procedures

At the DLNHC, our mission has always been to connect people to health and wellness through outdoor recreation- this has not changed. The health and safety of our participants, volunteers, staff, and DLNHC community will continue to be our top priority even as the situation evolves. As such, our COVID procedures have been revised to ensure that we can successfully hold the D&L's 11th Annual Heritage Half Marathon Run/Walk while abiding by both federal and state health guidelines.

Please review the list below to see our full set of procedures.

DLNHC COVID Precautions and Guidelines

- Participants are highly encouraged to be vaccinated, or have received a negative COVID test within the past 72 hours.
- Participants are not required to wear masks while outside, indoors, or during the race, although it is welcomed.
- We highly encourage participants to pick up their registration packets on Saturday, November 5th, the day before the race.
- Indoor bathroom facilities will be closed for packet pickup. There will be outdoor facilities on race day.
- The starting line will be spread out to allow for more distancing. (Chip times will be used for results.)
- Awards will be given near the finish line and available shortly after you finish; there will be no awards ceremony.
- Food will be outdoors; participants are welcome to eat outside or take it with them.
- If you are sick, or feel unwell, please do not attend.
- ALWAYS assess your own health and personal risk level.
- STAY HOME if you have experienced any of the following in the 2 weeks leading up to the event:
 - Sickness or any COVID-19 symptoms (cough, headache, fever, sore throat, or loss of taste/smell)

In addition to the guidelines set: ALL DLNHC staff have been vaccinated.

While the D&L is doing all we can to mitigate any concerns that arise when holding an event, we do acknowledge that there will always be some risk involved. If you have any further health concerns but still wish to support the D&L, donations are always accepted. This year, new fundraising options have also been implemented.