

RELAY TEAM GUIDE

Relay Bib Pickup

Only one person per relay team needs to pickup bibs and shirts for the entire team. This is typically the team captain, but any team member may collect them.
The person picking up the team's materials is responsible for distributing each bib and shirt to the appropriate teammate. All relay bibs must be picked up together. Individual bibs will not be held for pickup by other team members on race day.

Relay Exchange Zone Operations

Relay exchanges will take place at marathon mile markers 7.1, 13.5, 17.1 and 22.7. These locations will also serve as hydration stations for marathon and half marathon participants.

Finding Your Teammate

Each exchange point has one designated staging area for relay teams. Volunteers will call out incoming team numbers, but teams are responsible for knowing approximately when their incoming runner will arrive.
Estimate arrival times using each runner's expected pace and the distance of their leg. Plan ahead so the next runner is ready at the exchange point when their teammate arrives.

Making the Exchange

To complete an exchange, the incoming and outgoing runners must simply touch hands. Teams may also choose to carry and pass a lightweight item that represents their team or has special meaning. Get creative, but make sure anything you pass is easy to carry.

Timing and Split Times

All relay bibs are tagged, and your team's overall time will be recorded without requiring a specific team member's bib to cross the start line in Allentown or the finish line in Easton. Timing mats will not be located at every exchange point, so individual leg split times will not be provided. If your team wants to track each runner's leg time, you will need to record those times yourselves.

Relay Transportation, Logistics and Parking

Relay teams are responsible for their own transportation between exchange points. Shuttles will not run from the finish area to relay exchanges. Relay runners may use the event shuttles to return to the marathon start area in Allentown or the half marathon start area in Bethlehem, but shuttles will not serve the relay exchange points. **RACE DAY RELAY PARKING PLACARDS WILL BE SENT DIRECTLY TO EACH TEAM MEMBER. PLEASE HAVE YOUR PLACARD VISIBLE ON DASHBOARD IN RELAY PARKING AREA.**

Planning Your Route

Many relay teams travel together in a caravan, dropping off each runner at their starting point and driving ahead to the next exchange. Teams should coordinate their plan in advance, including who will drive, where runners will be dropped off and how incoming runners will be picked up.
Allow enough time to reach each exchange point before your teammate arrives. Depending on runner paces, road closures and traffic, the time between exchanges may be limited. Plan accordingly and make sure every runner knows where they need to be.
The recommended driving directions below account for race-day road closures. We'll also provide guidance for using smartphone mapping and GPS apps, but be sure to follow event-specific directions and posted road closures.

RELAY EXCHANGE #1

Leg 1: Starting Line: 800 block of Hamilton Street, downtown Allentown to Relay Exchange #1 at Fountain Park, 10th and Martin Luther King, Jr. Drive, Allentown. 7.1 miles

Where to park: Eastern Surfaces. Map
Additional parking: 641 S. 10th Street lot. (look for Lehigh Valley Grand Prix sign) Map



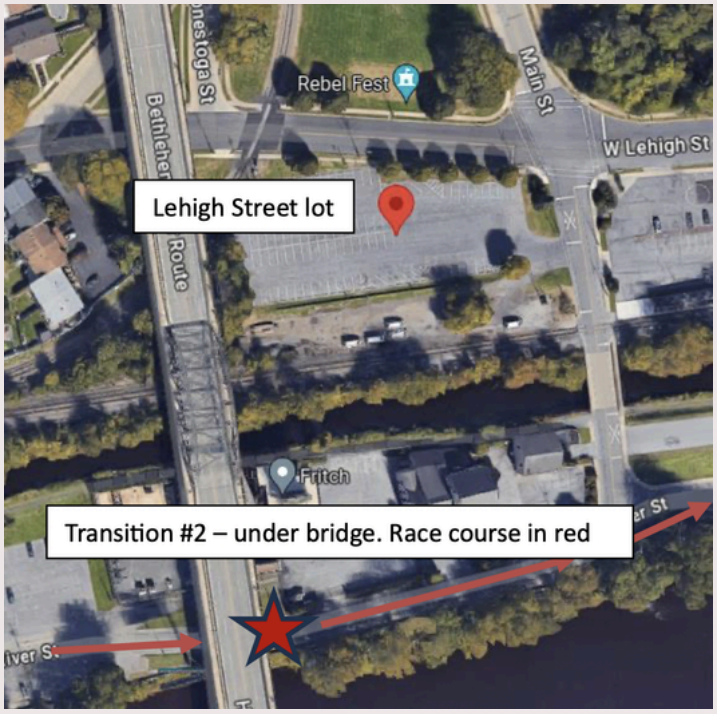
You will need to walk about 200 meters north to the exchange point (red star) on Martin Luther King, Jr., Drive. Please plan accordingly!

Directions from Spiral Deck (About 6 minutes)
- Head south on 9th St 0.4 miles to S. 8th St/Albertus L. Meyers Bridge
- Follow S 8th St over the bridge to Lehigh St., 0.5 miles
- Take Lehigh Street west (right) about 0.3 miles to slight right on W Wyoming St and immediate right on S. 10th St.
- Continue on S. 10th St. (right) to your destination

Do not rely solely on GPS! With Martin Luther King Jr. Drive closed for racers, you will need to take the 8th Street Bridge to reach the parking area and exchange #1.

Relay Exchange #2

Leg 2: Fountain Park, 10th and Martin Luther King, Jr. Drive, Allentown to west Sand Island, Bethlehem, under the Hill-To-Hill Bridge. 6.4 miles.
Where to park: Lehigh Street Lot, Lehigh Street (across from The Wooden Match) Map



Directions (about 16 minutes):

If you use a maps app or GPS to get from Exchange #1 to Exchange #2, select the route that takes you south along Susquehanna Street in South Allentown (not Hanover Ave!). You will not be able to use Martin Luther King, Jr., Blvd. or the Hamilton Street bridge or Hanover Ave.

- Head south (away from the race course) on S 10th St
- After 0.6 mi turn left onto Harrison St
- After 0.4 mi turn right onto Lehigh St, then about 100 meters left onto Cleveland St.
- After 200 meters turn right onto S 6th St which bends left and becomes W Wyoming St.
- Turn right onto S 5th St (PA-145 S) and continue to follow PA-145 S 0.2 mi to the stop light.
- Continue straight through the light onto W Susquehanna St.
- Travel 2.5 mi, take a slight left onto Broadway
- After 0.9 mi turn left onto Delaware Ave. After 0.9 mi Delaware becomes W 3rd St
- After 0.3 mi turn left onto Wyandotte St and go over the Hill To Hill Bridge.
- After 0.5 miles, take the Main St Exit. Turn right at the light onto Main St, then left at the bottom of the hill to the lot.

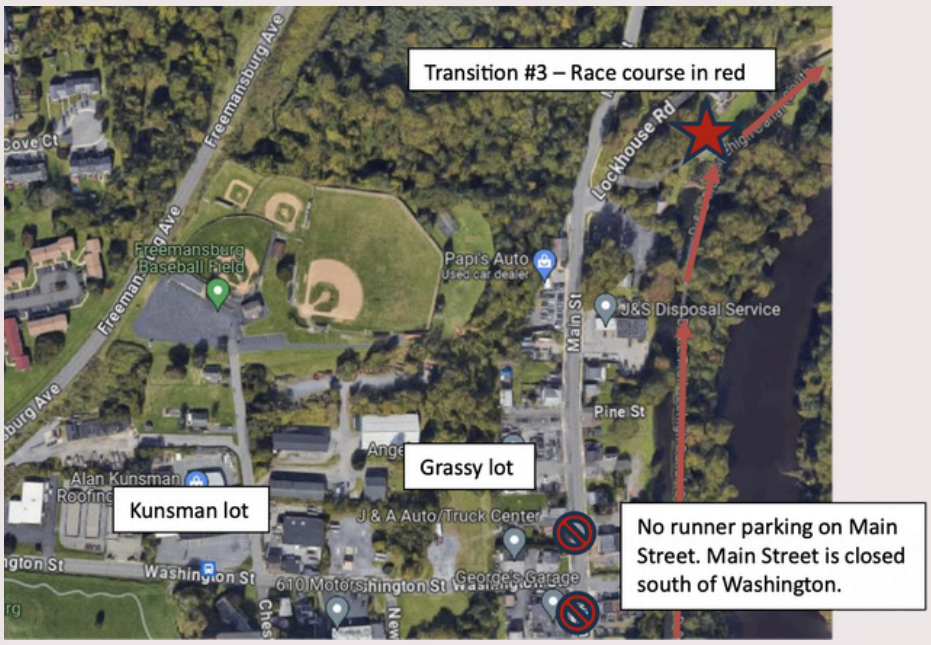
Relay Exchange #3

Exchange #2 at west Sand Island, Bethlehem, under the Hill-To-Hill Bridge, to Exchange #3 at Canal Park, Freemansburg is 3.6 miles

Please note: For faster teams, you will need to move quickly from Exchange #2 to Exchange #3. A leg 3 runner at a 6-minute mile pace will reach exchange #3 in about 21 minutes. Drive time between the two exchange parking areas is 10 minutes. Our parking areas for this exchange are at least 1/4 mile from the nearest parking areas. Plan accordingly!

Where to park:

- Grassy lot on Washington St. About .25-mile walk/run to exchange point on trail
- Alan Kunsman Roofing lot. About .3-mile walk/run to exchange point on trail
- Washington St on-street parking (variable)



Directions (about 10 minutes):

• Left out of the lot then an immediate right (east) on W Lehigh St (past Wooden Match) toward Main St
• In 0.3 mi continue onto Center St
• After 0.4 mi turn right onto E Market St
• Go 1.8 miles, E Market St turns slightly left and becomes Cambria St
• After 0.4 mi turn right onto Washington Street
• Destinations will be 0.1 and 0.2 miles on the left. The grassy lot is closer to the relay point. Walk/run north on Main St to the transition point.

Note: No street parking will be available on Main St north or south of Washington. Those spaces will be reserved for race officials and volunteers. You will be able to drop off a relay runner at Main and Washington, but not pick them up there. You will need to park your vehicle in one of the two designated spots above and walk back to your car with your 3rd runner.
Main St south of Washington is under construction this year. Please avoid using Main St in Freemansburg. Please respect the public and private no parking signage. Vehicles parked illegally are subject to towing.

Relay Exchange #4

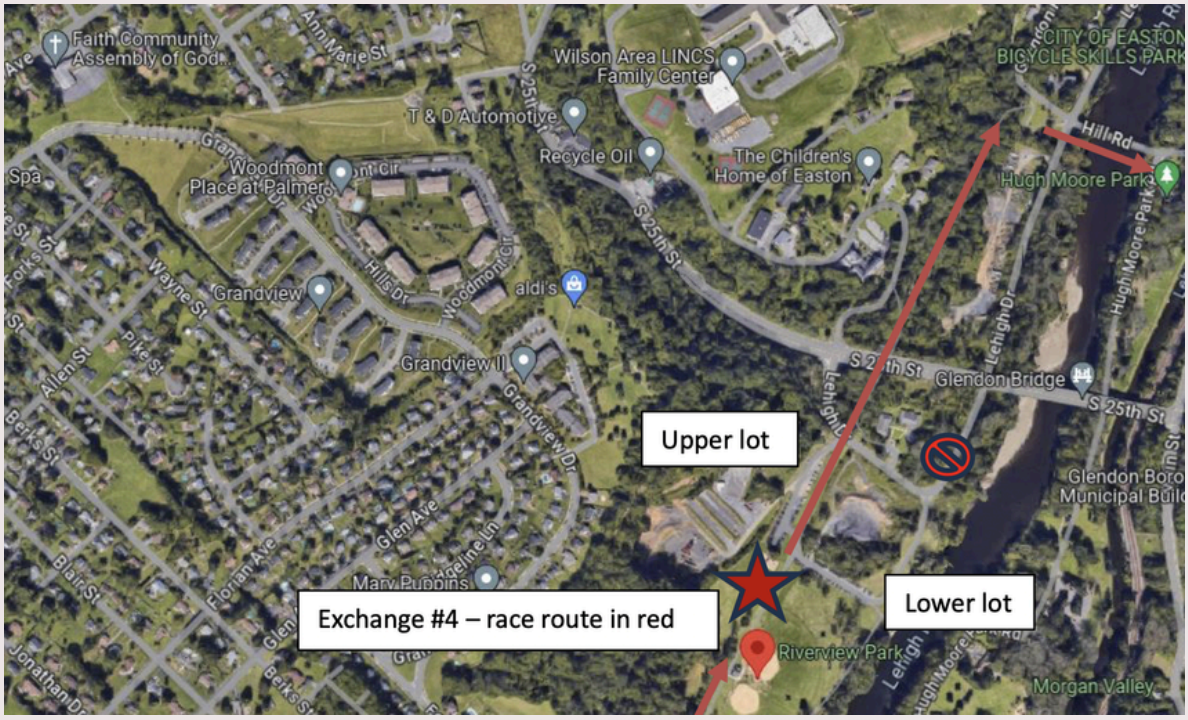
Leg 4: Canal Park, Main St. & Lockhouse Rd., Freemansburg to Exchange #4 -- Riverview Park, Lehigh Dr., Palmer Township, 5.7 miles

Where to park:

Upper parking lot of Riverview Park (turn right off of Lehigh Dr.)

Map: https://maps.app.goo.gl/QXj19agJcLSBHC7q6

Additional parking in the lower lot at Riverview Park (continue on Lehigh Dr. and turn right at T: Map: https://maps.app.goo.gl/QEf3zThuSBt5UEZ58



Directions (about 16 minutes): From Washington St in Freemansburg

- Right out of either lot to head out of Freemansburg on Washington St (the same way you came in)
- After 0.2 mi turn right onto Freemansburg Ave
- Continue on Freemansburg Ave. After 6.1 mi turn right onto S 25th St
- After 0.7 mi turn right onto Lehigh Dr
- Upper lot will be on your right in 200 yards before you cross the race route.

Note: Lehigh Drive is closed between Riverview Park and Hill Rd/Hugh Moore Park

Finish Line – Easton

Leg 5: Exchange #4 (Riverview Park, Lehigh Dr., Palmer Township, PA) to Finish (Scott Park, 91 Larry Holmes Dr., Easton, PA.) 3.4 miles

Note: Again, this is a short leg. A final leg runner at 6-minute pace will cover the leg in about 21 minutes. Plan accordingly if you want to see your final runner cross the finish line.

Parking lots (paid parking via credit card and kiosk. $3/hr):

S. 3rd Street (City Hall), Map: https://maps.app.goo.gl/uf72WMZjusknq5RN9

4th Street Parking Garage (behind Easton Public Market). Map: https://maps.app.goo.gl/x8hEmGoJvCj9TC12A

More info about Easton garages: https://easton-pa.com/588/N-4th-St-Parking-Garage



Directions: about 10 minutes

Note: Please use instructions below instead of following Google Maps suggestion to use Lehigh Dr, which intersects the race course. Or start following the course below and your GPS navigation will adjust.

- Turn left from lot onto Lehigh Dr. then left onto S. 25th St
- After 0.7 mi turn right onto Freemansburg Ave
- After 0.8 mi turn right onto Butler St, which becomes Wolf Ave
- After 1 mi, slight right onto Washington St
- After 0.3 mi turn left onto 4th St for the 4th St Garage (three blocks) or turn left on 3rd St for the South 3rd St Garage (1 block)